

Weekly Program Schedule

July 27th - August 2nd, 2025

Sunday, July 27th, 2025

- 9:00 AM – **Catholic Mass** (Fitness Center)

Church Transportation: Departure:

Pick-up:

✚ Waypoint Church: 7:30 AM

9:10AM

☀ Morning Star: 8:30 AM

10:00 AM

🏰 Chapel of the Lake 10:30AM

12:00 PM



- 10:00 AM - 1:00 PM – **Sunday Brunch** (Orchard Room)

- 12:15 PM – **Mahjong** (Fitness Center)

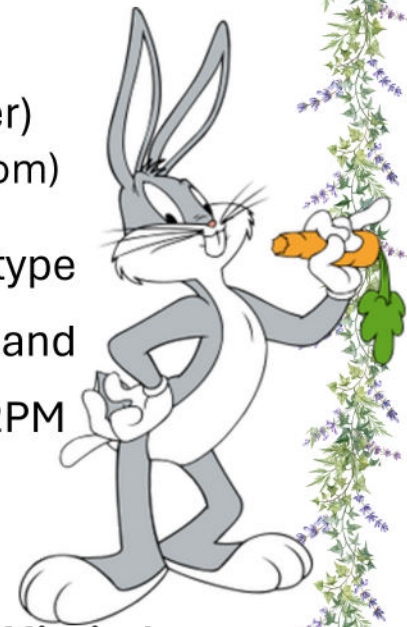
- 2:00 PM – **Bingo** (Orchard Room)

- 4:30 PM – **Pinochle**-Open Invitation!(Fitness Center)

- 6:30 PM - **Rummikub**- Open invitation (Orchard Room)

- Evening (Time TBD) – 🍕 **Order Delivery Party**- The type of food, (i.e, Pizza, Chinese, etc,.), payment method and order time are typically announced/decided during 2PM

BINGO (Orchard Room)

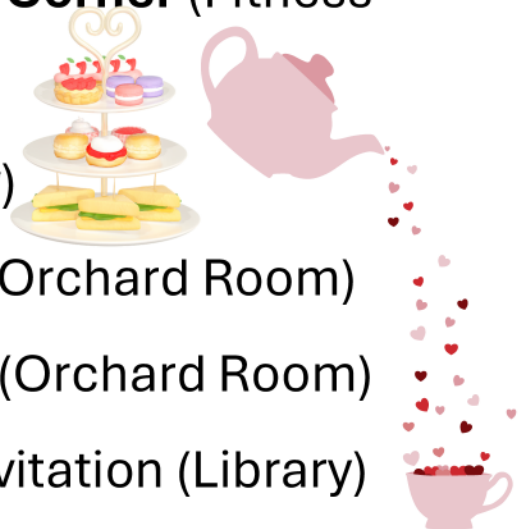


Today in History:

1940 – Bugs Bunny made his official debut in the animated short “A Wild Hare”.

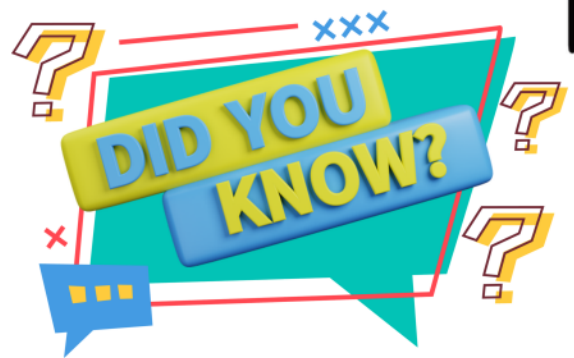
Monday, July 28th, 2025

- 8:00 AM - **Catholic Mass** (Fitness Center)
- **9:00-10:30 AM** – Rise & Shine **Errands** time
adjusted for Tea Party (Meet in Lobby)
- 9:00 AM- **Blood Pressure Checks** (Orchard Room)
- 9:30 AM- **Brain Games** (Orchard Room)
- 10:30 AM- **Bodies in Motion with AW**
(Fitness Center)
- **11:00 - 1:00** AM **Texas Hold'em Poker** time
adjusted for Tea Party (Fitness Center)
- 1:00-2:00- “Cup of Kindness” **Tea Party**. Wear your
fancy hat! (Orchard Room)
- 1:30- 2:30 PM–  **Kings in the Corner** (Fitness
Center)
- 3:00 PM- **Bible Study**- (Library)
- 4:00 PM – 1st **Dinner** Seating (Orchard Room)
- 5:30 PM – 2nd **Dinner** Seating (Orchard Room)
- 6:30 PM - **Rummikub** Open invitation (Library)
- 7:00 PM - **Monday Movie Matinee**- Tonight's movie is
“**Hidden Figures**” on Disney+, based on a true and
inspiring events! Fresh popcorn too! (Orchard Room)



Tuesday, July 29th, 2025

- 8:00 AM – **Catholic Mass**(Fitness Center)
- 9:00 AM – 3:00 PM – **Doctor Visits** (Meet in Lobby)
- 9:30 AM – **Brain Games** (Orchard Room)
- 10:30 AM – **Bodies in Motion** with AW (Fitness Center)
- 11:30 AM – Guided **Meditation** (Library)
- 11:00 AM- **Back to School Drive-** Let's get together and choose where to donate this year! (Orchard Room)
- 11:30 AM - **Hand & Foot** (Orchard Room)
- 2:00 PM – **Trivia** (Orchard Room)
 - Round 1: Art & Culture
 - Round 2: Pop Culture
 - Round 3: Foreign Cultures
 - Round 4: Grab Bag
- 4:00PM- 1st **Dinner** Seating (Orchard Room)
- 5:30PM- 2nd **Dinner** Seating (Orchard Room)
- 6:45 PM – **Bridge** Card Game (Fitness Center)

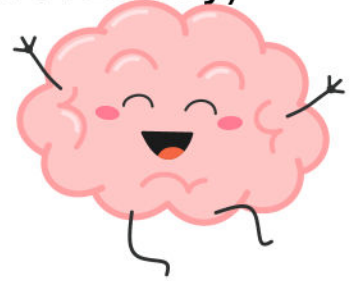


What do 47% of drivers keep in their car?
(Find out on the next page!)



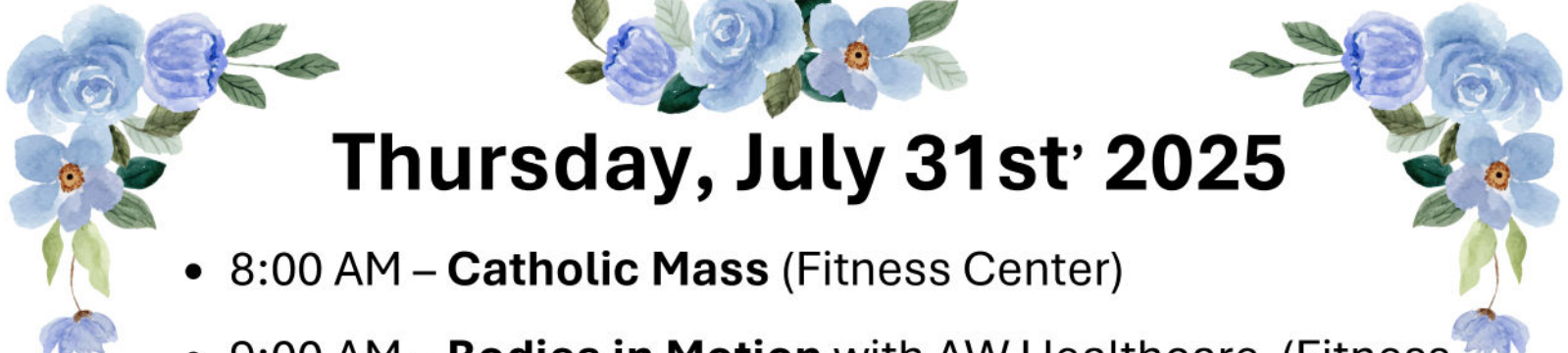
Wednesday, July 30th, 2025

- 8:00 AM- **Catholic Mass** (Fitness Center)
- 9:00 AM-10:30 AM- Rise & Shine **Errands** (Meet in Lobby)
- 9:30 AM- **Brain Challenge** (Orchard Room)
- 10:00 AM- **Rosary & Prayers** Join us! (Library)
- 10:30 AM – **Bodies in Motion** with AW (Fitness Center)
- 10:30 AM- Day Trip: **Josephine's Tea House** - Established in 1979 in Godfrey, Illinois, this tea house features wonderful gift shops. Reserve your spot in advance! (Meet in Lobby)
- 2:00 PM- Regular **Bingo!** (Orchard Room)
- 4:00 PM – **1st Dinner Seating** (Orchard Room)
- 5:30 PM – **2nd Dinner Seating** (Orchard Room)
- 6:45 PM - **Pinochle Club**- Come Learn! (Fitness Center)



47% of drivers keep a change of clothes in their car.
(Answer to question on previous page)





Thursday, July 31st' 2025

- 8:00 AM – **Catholic Mass** (Fitness Center)
 - 9:00 AM – **Bodies in Motion** with AW Healthcare (Fitness Center)
 - 9:00 – 3:00 PM – **Doctor Appointments** (Meet in Lobby)
 - 9:30 AM – **Brain Challenge** (Orchard Room)
 - 10:15 AM – **Operation Bedroll Project** (Orchard Room)
 - 10:30 AM - 12:00 PM – Avalon's In-House "**Your Store**"
(Fitness Center)
 - 10:30 AM- **Centerpiece Designing** (Orchard Room)
 - 11:30 AM – **Guided Meditation** Class(Library)
 - 12:00 PM – **Hand, Knee & Foot** Card Group (Orchard Room)
 - 2:00 PM- **Banking Bingo** with Region's Bank (Orchard Room)
 - 4:00 PM – **1st Dinner Seating** (Orchard Room)
 - 5:30 PM – **2nd Dinner Seating** (Orchard Room)
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Friday, Aug 1st 2025



8:00 AM – **Catholic Mass** (Fitness Center)

• 9:00 AM- Let's **Brew Beer** for our upcoming Anniversary Party! (Meet in Orchard Room)

• 9:30 AM – **Brain Challenge** (Orchard Room)

• 10:30AM- **Bodies in Motion** (Fitness Center)

• 11:00 - **Craft: Matchstick Crosses** Design rustic-looking crosses using MATCHSTICKS, example on chalkboard.

Due to the materials needed, sign up by Wednesday please. (Craft Center)

• 11:30 AM - 1:30 PM **Texas Hold'em** (Fitness Center)

• 2:00 PM-3:00 PM– **The StL Strutters** are back!

These dazzling senior showstoppers are ready to tippity-tap their way into your hearts—bringing high energy, big smiles, and plenty of toe-tapping fun! You won't want to miss a beat! (Orchard Room)

• 4:00 PM – **1st Seating- Dinner** (Orchard Room)

• 5:30 PM – **2nd Seating- Dinner** (Orchard Room)

6:15 PM – Friday **Bridge** Players (Fitness Center)



Saturday, August 2nd, 2025

- 10:00 AM- **Rosary** (Library)
- 11:00 AM – **Bible Study** with Fred (Fitness Center)
- 11:30 AM - ***NEW* Texas Hold'Em** (Library)
- 12:30 PM – **Hand, Knee & Foot** (Orchard Room)
- 12:30 – 2:00PM – **"Your Store"** (Fitness Center)
- 4:00 PM – **1st Dinner Seating** (Orchard Room)
- 5:30 PM – **2nd Dinner Seating** (Orchard Room)

This day in history:

1975: Disco hit “The Hustle” by Van McCoy topped the Billboard charts, marking a key moment in the disco

era!



Upcoming Events & Holidays

- July 30th - **Day Trip- Josephine's Tea House/Shopping**
- July 31st - Regions Bank will be hosting a fun and informative afternoon of **"Banking BINGO"**!
- Aug. 1st - The **STL Strutters** are back!
- Aug 4th - **Food Committee**
- Aug 5th - **Town Hall**
- Aug 6th - **Activities Committee**
- Aug 6th - **Winery Wednesday Montelle Winery** in Augusta MO
- Aug. 7th - Lecture Hour: **Artificial Intelligence** with LIVE demonstrations!
- Aug. 8th - **Dog Days of Summer Party**
- Aug. 10th - **ACT II- "Always, Patsy Cline"** (for ticketholders)
- Aug. 27th - **Day Trip- Fast Eddies Bon-Air** in Alton, Il, try their ***NEW MENU ITEM*** "The Big Eddie" - surf & turf on a stick!