





Tuesday, May 13th, 2025 National Apple Pie Day



Sada's FUN Fact: Apple pie didn't start in America—it came from 14th-century England! Early American versions were savory too, often filled with apples, spices, and meat—because sugar was expensive and hard to get.

- 8:00 AM Catholic Mass(Fitness Center)
- 9:00 AM 3:00 PM **Doctor Visits** (Meet in Lobby)
- 9:30 AM -**New** Morning Mingle with Sada (Orchard Room)
- 10:30 AM **Bodies in Motion** with AW (Fitness Center)
- 11:00AM- 11:30AM **NEW TIME** Brain Games (Orchard Room)
- 11:30 AM Guided **Meditation** with Sada (Library)
- 12:15 PM- Wii *Golf* NEW GAME! (Library)
- 2:00 PM **Trivia** (Orchard Room)
- 4:00PM-1st **Dinner** Seating (Orchard Room)
- 5:30PM- 2nd **Dinner** Seating (Orchard Room)
- 6:45 PM Bridge Card Game *New Players Encouraged!

(Fitness Center)



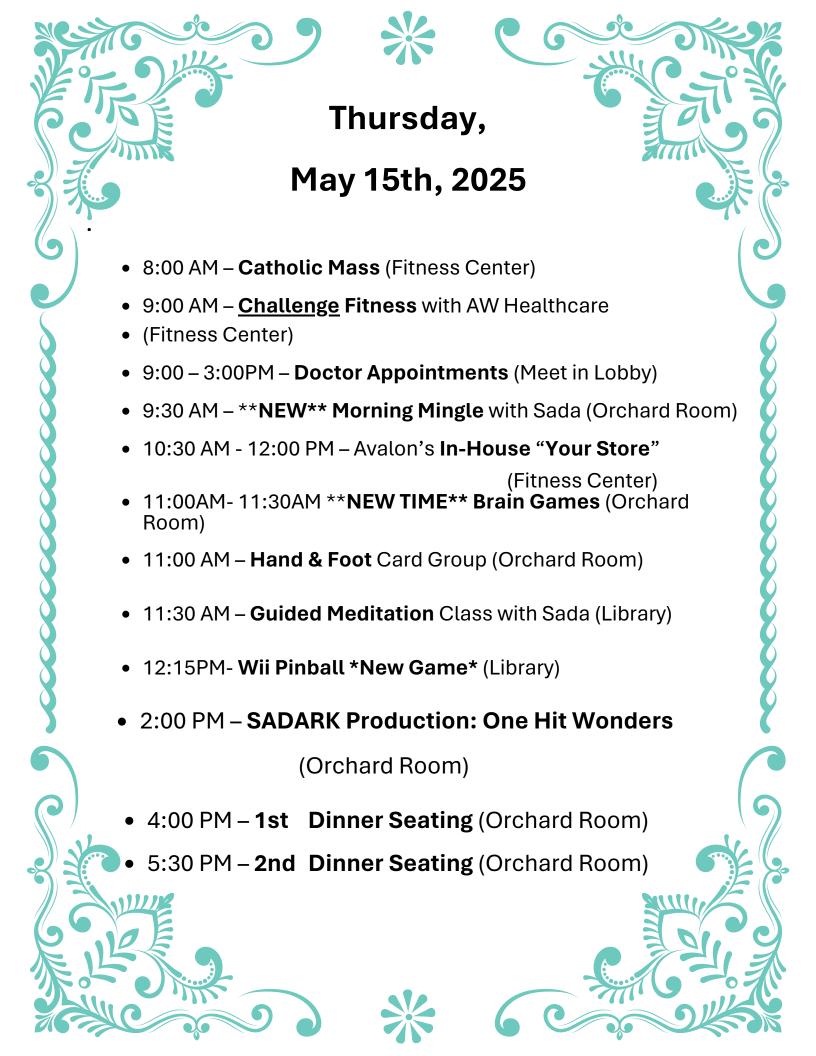


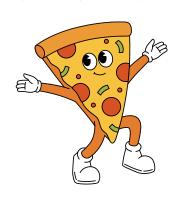


- 8:00 AM Catholic Mass (Fitness Center)
- 9:00-11:00 AM Rise & Shine **Errands with Mark** (HWY K Day!)
- 9:30 AM **Brain Challenge** with Sada (Orchard Room)
- 10:00 AM Rosary & Prayers (Library)
- 10:30 AM Bodies in Motion with AW Healthcare

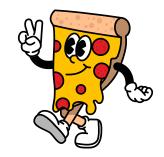
(Fitness Center)

- 11:30 AM Wednesday "Munch n' Brunch"
 at The Shack (Meet in Lobby)
- 11:30 AM Resident-Led: **Hand, Knee, Foot** (Orchard Room)
- 12:30PM- 2:00 PM Avalon Park Choir Practice (Fitness Center)
 JOIN US!! All are welcome!!
- 2:00 PM (Regular) **Bingo** with Sada! (Orchard Room)
- 4:00 PM 1st Dinner Seating (Orchard Room)
 - 5:30 PM 2nd Dinner Seating (Orchard Room)
 - 6:45 PM Pinochle Club- Come Learn!
 (Fitness Center)





Friday, May 16th, 2025 National Pizza Day!



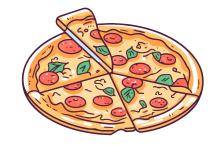
NO IN HOUSE MASS TODAY

- 9:00 AM 11:00 AM Rise & Shine Errands with Mark (HWY K Day!)
- 9:30 AM **Brain Challenge** with Sada (Orchard Room)
- 10:30 AM Bodies in Motion with AW Healthcare (Fitness Center)
- 11:30 AM- **Pizza Party!** We will be creating our own personal pizzas at a "Pizza Station" with sauce, cheese and toppings! **Sign up at the Concierge by MONDAY to reserve your spot!**
- 11:30 AM 1:30PM **Texas Hold 'em** (Fitness Center)
- 2:00 PM Live Music: Larry Scantlin and Happy Hour with AW!

(Variety Show: Blues, Jazz, 50's & 60's!)

- 4:00 PM **1st Dinner Seating** (Orchard Room)
- 5:30 PM **2nd Dinner Seating** (Orchard Room)
- 6:15 PM Friday **Bridge** Players (Fitness Center)





Saturday, May 17th, 2025



- 11:00 AM Bible Study with Fred Hampton (Fitness Center)
- 12:00 PM Resident-Led: Hand, Knee & Foot (Orchard Room)
- 12:30 2:00PM "Your Store" (Fitness Center)

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- 4:00 PM 1st Dinner Seating (Orchard Room)
- 5:30 PM 2nd Dinner Seating (Orchard Room)



Thank You for YOUR SERVICE!



Upcoming Events & Holidays

- May 15th Ice Cream Social for Armed Forces Day
- May 15th SADARK Production "One Hit Wonders"
- May 16th-23rd- No "In House" Mass will be available
- May 20th Lilac Ivy Boutique Pop Up Shop 12pm-3pm
- May 21st Cardinals Game Outing (Must have purchased ticket to attend- Check with Concierge as Tickets are still available for Residents and/or Friends/Family)
- May 26 th
 — Memorial Day
- May 28th- Day Trip to MO Botanical Gardens
- May 30th- Birthday Bash- Live Music: Old Country Buzzards! An Avalon Park favorite!
- June 14th 2:00-4:30 PM Acapella LIVE: Broadway show Ambassadors of Harmony (Touhill Performing Arts Center) Sign up now as space will be limited!

